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Consent to Videoconferencing and Tele-therapy

The use of videoconferencing and telephone services for therapy has been shown to be effective but also involves special considerations:

Location: Please consider your location during any phone or videoconferencing meetings to reduce distraction and protect your privacy. It is important to use a secure internet connection rather than public/free Wi-Fi. You should also be aware of potential security issues with your computer.

Efficacy: If the use of technology is not working well for us, please let me know. There will be times when technology fails us and we need to reschedule or resort to another means of connecting. We will need to include time to assess the use of technology during our meetings and if we are unable to resolve our issues with the technology, we will need to transition your therapy to another provider or plan.

Confidentiality: Confidentiality still applies for telepsychology services, and nobody will record the session without the permission from the others person(s). All mandated reporting requirements regarding Child, Elder, and Dependent Abuse, as well as Suicidal and Homicidal risk are still in effect.

Emergency: If you require crisis assistance, you will need to access care in your area. Please call 911 or go to the nearest emergency room.

Fees: Payment can be made in person at the next session if the next in-person session is in a timely manner. Phone and video sessions are sometimes not covered by insurance and I offer them fee-for-service only. I can appropriately code these services on your Super bill, but be aware that your insurance may not cover them.

We have reviewed and discussed these items:

Client (print)	Signature	Date
Client (print)	Signature	Date
Therapist (print)	Signature	Date